

Day 1 | Friday 18 October 2024

7.00am - 8.30am	Registration	
7.00am - 8.00am	Endotherapeutics Breakfast Workshop	
SESSION 1A: How to thrive in an era of private hospital restrictions		
8:30 AM - 8:40 AM	Welcome	Cameron Keating, Convenor
8:40 AM - 8:55 AM	The future of Plastic Surgery	Tim Edwards
8:55 AM - 9:10 AM	The future of Plastic Surgery	TBA
9:10 AM - 9:30 AM	Unity in Plastic Surgery	TBA
9:30 AM - 9:50 AM	Developing systems in your aesthetic practice to be successful in the 21st Century	Doug Steinbrech
9:50 AM - 10:10 AM	How to run a successful MedSpa & optimizing protocols for safe day surgery	Kristy Hustak
10:10 AM - 10:30 AM	How to survive and thrive in an era of managed care, private equity and private hospital restrictions	Panel Discussion
10:30 AM - 11:00 AM	MORNING TEA	
SESSION 2A: Body contouring #1 [male body contouring]		
11:00 AM - 11:20 AM	For surfers & gladiators: BodyBanking to improve your men's abdominal contouring	Doug Steinbrech
11:20 AM - 11:40 AM	High definition liposuction: what is it; how do I do it; what equipment do I need; what has changed in liposuction/liposculpting	Doug Steinbrech
11:40 AM - 11:55 AM	Is high definition liposuction worth it?	Kristy Hustak
11:55 AM - 12:10 PM	Abs to calves: The new wave or MALE muscular enhancement with composite silicone and fat-grafting	Doug Steinbrech
12:10 PM - 12:25 PM	TBA	TBA
12:25 PM - 12:45 PM	TBA	TBA
12:45 PM - 1:00 PM	Panel discussion	

1:00 PM - 2:00 PM	LUNCH	
SESSION 3A: Body contouring #2 [liposuction and weight loss medicine]		
2:00 PM - 2:20 PM	High definition liposuction-creating long term outcomes, preventing complications	Kristy Hustak
2:20 PM - 2:40 PM	Improving outcomes in Lower Body Lift with Liposuction	Anh Nguyen
2:40 PM - 2:55 PM	Lipoabdominoplasty - my experience	TBA
2:55 PM - 3:10 PM	Weight loss medicine - the new 'diet'	Don Zhang
3:10 PM - 3:25 PM	Overview of weight loss surgery and challenges	TBA
3:25 PM - 3:40 PM	Body contouring in the Ozempic Era: special considerations	Kristy Hustak
3:40 PM - 4:00 PM	Panel discussion	
4:00 PM - 4:30 PM	AFTERNOON TEA	
SESSION 4A: Rhinoplasty #1 [primary]		
4:30 PM - 4:45 PM	Open structural rhinoplasty - Dorsum management and osteotomies	Nazim Cerkes
4:45 PM - 5:05 PM	Adjusting tip projection and position	Nazim Cerkes
5:05 PM - 5:20 PM	Functional Focus in Primary Rhinoplasty	TBA
5:20 PM - 5:35 PM	Ethnic Rhinoplasty	TBA
5:35 PM - 5:50 PM	Alar Base Surgery	Nazim Cerkes
5:50 PM - 6:00 PM	Primary Rhinoplasty	Nazim Cerkes
6:00 PM - 8:00 PM	WELCOME RECEPTION W, Brisbane Wet Deck	
Day 2 Saturday 19 October 2024		
7.00am - 8.30am	Registration	
SESSION 5A: Non-surgical devices		
8:30 AM - 8:45 AM	TBA	TBA
8:45 AM - 9:00 AM	High resolution US for the plastic surgeon	Kristy Hustak

9:00 AM - 9:15 AM	Adjunct devices in body contouring	Beryl Tan
9:15 AM - 9:30 AM	Multimodal lower body rejuvenation	Kristy Hustak
9:30 AM - 9:45 AM	445 nm blue laser for benign lesions	Gazi Hussain
9:45 AM - 10:00 AM	Social Media-Driven Patient Expectations	TBA
10:00 AM - 10:15 AM	TBA	TBA
10:15 AM - 10:45 AM	Panel discussion	
10:45 AM - 11:15 AM	MORNING TEA	
SESSION 6A: Body contouring #3 [surgical efficiency & experience]		
11:15 AM - 11:35 AM	5 step monsplasty	Kristy Hustak
11:35 AM - 11:55 AM	Aesthetic approach and surgical treatment fo gynaecomastia: incision and aesthetic looks	Doug Steinbrech
11:55 AM - 12:15 PM	Day procedure & Drainless abdominoplasty	Anh Nguyen
12:15 PM - 12:30 PM	BodyBanking butt lift: my glute augmentation with implant, fat or both	Doug Steinbrech
12:30 PM - 12:50 PM	The new abdominoplasty: tips for maximizing outcomes	Kristy Hustak
12:50 PM - 1:10 PM	Lessons from a 30 year experience of body lift	Howard Webster
1:10 PM - 1:30 PM	Panel discussion	
1:30 PM - 2:30 PM	LUNCH	
SESSION 7A: Body contouring #4 [ALL ABOUT FAT - lipedema + liposuction + fat grafting]		
2:30 PM - 2:45 PM	Recognising and managing lipoedema in massive weight loss patients	Ramin Shayan
2:45 PM - 3:05 PM	Donor site considerations: Why I use what I use and how I use it: 5 mm basket high-definition liposuction	Doug Steinbrech
3:05 PM - 3:20 PM	Lipoedema - Talk 1	Naveen Somia
3:20 PM - 3:35 PM	Lipoedema - Talk 2	Naveen Somia
3:35 PM - 3:55 PM	Safely combining Fat grafting with Trunk Liposuction and Abdominoplasty	Kristy Hustak
3:55 PM - 4:10 PM	Improving outcomes in fat grafting in massive wt loss	Ramin Shayan

4:10 PM - 4:30 PM	Gluteal use of fat grafting	Kristy Hustak
4:30 PM - 5:00 PM	AFTERNOON TEA	
AGM *Members Only		
4:30 PM - 5:30 PM	AGM - Members Only	
7:00 PM - 11:00 PM	GALA DINNER River Shed. Howard Smith Wharves	
DAY 3 SUNDAY		
8.00am - 9.00am	Registration	
SESSION 9A: Rhinoplasty #2 [secondary]		
9:00 AM - 9:20 AM	Secondary Rhinoplasty Structural reconstruction	Nazim Cerkes
9:20 AM - 9:40 AM	Augmentation Rhinoplasty	TBC
9:40 AM - 9:55 AM	Learning from Revisions	TBC
9:40 AM - 10:10 AM	Reconstruction of columella defects with local tissues	Nazim Cerkes
10:10 AM - 10:30 AM	Controversies in Rhinoplasty	Panel Discussion
10:30 AM - 11:00 AM	MORNING TEA	
SESSION 10A: Research and Audit		
11:00 AM - 11:10 AM	Why I switched to the Labbe technique for face and necklifting 5 years ago and why most of my colleagues were afraid to	Michael Klaassen
11:10 AM - 11:20 AM	Scientific contributions of Ivo Pitanguy to body contouring surgery and rhinoplasty	Mikko Larsen
11:20 AM - 11:30 AM	A novel approach to facial remodelling induced by targeting the skin and muscle	Anh Nguyen
11:30 AM - 11:40 AM	Extracorporeal septorhinoplasty: A novel technique for suture stabilisation of the keystone	Sunil Gaba
11:40 AM - 11:50 AM	Reviewing the accuracy of preoperative ultrasound measurements of rectus abdominis diastasis compared to in-vivo findings	Brett Sacks
11:50 AM - 12:00 PM	Health-related quality of life outcomes of abdominoplasty for post-partum rectus diastasis: preliminary results	Siobhan Fitzpatrick
12:00 PM - 12:10 PM	Injectable adipocytolytic agents based on multifunctional polymer nanoparticle	Phillip HW Kim
12:10 PM - 12:20 PM	No drain, much to gain: unlocking the benefits of drain-free abdominoplasty	Hugo Loveday
12:20 PM - 12:30 PM	Q&A + Final Remarks	